

## “Space Walk”

Saturday 21st September 2019

10.30am - 4.00pm £15 per girl

(Leaders, and Young Leaders who wish to help rather than take part, are free - please come prepared to help on the bases!)

**A day full of exciting activities for Brownies and Rainbows.**



How many activities will your girls be able to do in one day? There will be lots to choose from! Will you climb the wall, zorb around the pool, shoot an archery arrow or a cork gun, bounce on a bouncy castle, pedal a go kart or just take it easy in the ice cream chill out area. The choice is yours!

Come with other members from your Unit and your Leaders. There may be age restrictions for younger children and weight restrictions apply on some activities but there will be plenty of others to do instead.

You will need your Unit First Aid Kit and something to sit on or under for lunch time, eg a gazebo and groundsheet. A packed lunch and water bottle, a cagoule or a waterproof jacket, sun hat, your permission form and a small bag to carry all your items in would be helpful! The Chigwell Row Shop will be open during the day for souvenirs drinks etc, so don't forget your pocket money!



While we aim to provide lots of adventurous activities for the girls to do, for the event to be successful and so you can all spend time with your girls, each participating Unit is asked to run a small game or activity. This could be a sports game or face painting or cooking or a craft. A larger group of Leaders

from a District may wish to join together to organise and run an activity. All activities should be free of charge. Alternatively some Leaders may wish to supervise an activity which we will provide. **Please let us know when you book what you would like to do.**

Only people who have pre booked will be allowed to take part. On receipt of your booking form and money we will send you further details to help you to plan the day.



**How to Book:**

Leaders, please book with us on behalf of your whole group. **Just return the booking form and total money for your group by 31<sup>st</sup> July.** You can add more places after your initial booking, but only up to 31<sup>st</sup> July, otherwise badges cannot be guaranteed.

**Receipts will be emailed, together with the Permission Form and full instructions for the day.**

Girlguiding Chigwell Row: 141 Lambourne Road, Chigwell Row Essex IG7 6EN

Website: [www.chigwellrow.org.uk](http://www.chigwellrow.org.uk) Email: [chigwellrow@girlguidinglaser.org.uk](mailto:chigwellrow@girlguidinglaser.org.uk)

Telephone: 020 8500 2450